

# COMPETITIVE GAME ANGLING

Best practice for the safe conduct of Game angling competitions in Scotland under COVID-19 restrictions - Phase 3 v13

**Approved by  
Scottish Government:  
With effect  
14<sup>th</sup> December 2021**

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## IMPORTANT:

All of Scotland continues to be 'Beyond Level 0', but the Scottish Government retain the option of putting in place local measures and travel restrictions to manage any future virus outbreaks. Therefore, protection levels guidance for sport and physical activity continues to be provided within this document along with additional information for 'Beyond Level 0'. A summary of changes relating to 'Beyond Level 0' is available in [Appendix 1 to Annex A to this guidance](#). With the omicron variant now spreading at pace, it may be necessary to reintroduce some of the restrictions we have in previous levels in the coming weeks and months. Full details of restrictions for all levels can be found at Table A [at Annex A to this guidance](#).

**Further information on protection levels that will apply in each local authority area are available at [Coronavirus \(COVID-19\): allocation of protection levels to local authorities](#). A local post code checker is also available at [COVID restrictions by protection level in areas of Scotland](#).**

**This guidance is to be read in conjunction with the Angling Scotland COVID-19 Guidelines which can be found at: <http://www.anglingscotland.org.uk/wp-content/uploads/2021/12/Angling-Scotland-Covid-Guidelines-for-Individuals-Clubs-and-Fisheries-Phase-3-v13-14th-December-2021.pdf>**

**People who are shielding are now permitted to undertake activities providing strict physical distancing is adhered to. Further information is available at [Scottish Government: Staying safe outdoors](#)**

People who are symptomatic or identified as close contacts should follow Scottish Government and NHS guidance on self-isolation available at [Scottish Government: Test & Protect](#). No one who is self-isolating should attend a sports facility or activity

## Introduction

Some sporting activities, including competitive Angling, can be undertaken outdoors, providing all activity is consistent with current Scottish Government guidance.

- As competitive angling is conducted in a socially distanced manner on an individual basis, **Competitions may take place provided that they are run in accordance with this guidance and arrival and departure times are staggered to ensure competitors can arrive and depart from their pre-determined peg without having to meet other anglers.**
- **Competitions should only be undertaken in line with the Scottish Government's strategic framework document and where all physical distancing/hygiene measures are in place.**



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## 1

### General Guidance

- As a competition organiser you will also need to make sure that your club, facility and all participants are made aware of, and can adapt to, changes in guidance at short notice. Information on Scottish Governments approach to managing COVID-19 is available at [www.gov.scot/coronavirus-covid-19/](http://www.gov.scot/coronavirus-covid-19/)
- To manage a safe return to organised sport and physical activities organisers should put in place Test & Protect procedures to help break chains of transmission of Coronavirus (COVID-19). Further information is available at [Scottish Government: Test & Protect](#).
- It is the responsibility of the organising; club, fishery or match organiser to ensure all appropriate management processes are in place so that they can effectively oversee and maintain the implementation of measures outlined herein. Venues are advised to ensure they reopen safely.
- **Sports Events & Competitions.**
  - **Competitions.** Organised sport competition can take place if guidance within this document is followed and subject to appropriate risk assessment and oversight by the designated Covid Officer.
    - The maximum number of participants allowed to take part in a sport competition should be no more than:
      - Outdoors: Agreed bubble/daily participation numbers, by Level, as outlined in [Table A](#).
      - Indoors: Risk assessed maximum numbers following Scottish Government guidance on [the opening of indoor and outdoor sport and leisure facilities](#)
    - Operators and organisers should where relevant, as part of their risk assessment, consult with and obtain agreement from those bodies that they would normally require agreement from to run the competition. Where the competition would require a licence from the local authority under existing Civic Government legislation, this must include agreement from local Environmental Health Officers. Other bodies depending on the type, location, and scale of the event, may include the landowner, Community Council, the transport police, or other body responsible for the safety of the public.
    - Spectating is currently not permitted at sporting competitions covered under this guidance. This is being reviewed by Scottish Government and any change will be notified when available.
  - Events. Sports events, including spectator events, can take place subject to appropriate Scottish Government guidance being followed. Further information is available on the [sportscotland](#) website here: [Return to Competition & Events: sport events](#).
- **Risk Assessment.** It is the responsibility of each Fishery, Club and Match organiser to undertake documented risk assessment, based on their local circumstances, prior to activity taking place and to provide a safety briefing to all participants. Consider safety first, particularly focusing on minimising the risk of infection/transmission. Appropriate measures must be put in place to ensure participants, staff and volunteers are always protected.

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## 1 Cont General Guidance continued...

- **Health & Safety.** It is the responsibility of the organising; club, fishery or match organiser to ensure that first aid and emergency equipment is maintained correctly, has been updated appropriately for the COVID pandemic and that first aiders have undertaken appropriate additional training.
- **Hygiene.** Cleaning of equipment, hand and respiratory hygiene are core measures to be implemented and provision should be made for these. Check to ensure that hand sanitizers or wipes are available for use at entrance/exit to venue/facility where possible. Hand sanitiser should be at least 60% alcohol based and detergent wipes appropriate for the surface they are being used on. Cleaning products should conform to EN14476 standards.
- **Health & Hygiene checklist and further Guidance.** A checklist for health, hygiene and cleaning considerations and actions is available here: [Getting your Facilities Fit for Sport](#). Further guidance is available at;
  - [Health Protection Scotland: General guidance for non-healthcare settings](#)
  - [Health Protection Scotland: Cleaning in a non-healthcare setting](#)
  - [Health Protection Scotland: Hand hygiene techniques](#)
  - [St. John's Ambulance: Covid-19 advice for first aiders](#)
- **Insurance.** Fishery, Club and Match organisers should check with their insurance company that correct and full insurance cover is in place and valid before any activity takes place.
- **Physical Distancing.** At all times, participants, Fisheries and organisers should adhere to the Scottish Government's physical distancing guidelines of staying at least 2m away from others.
- **Supporting Disabled competitors.** Where a participant with a disability requires functional support to enable their participation in physical activity and sport this can be provided without maintain physical distancing. This support can be provided by a coach or other individual. In such circumstance the responsible 'Covid Officer' should consider appropriate mitigating actions as part of the risk assessment. For instance, providing appropriate PPE, limiting the number of participants an individual provides functional support to, limiting the duration spent in close proximity, or a combination of actions.
- **Travel Restrictions.** There are no travel restrictions beyond Level 0 but Skippers should remind customers that any travel restrictions outlined by the Scottish Government should always be adhered to. Further information on what travel is permitted is available at [Coronavirus \(COVID-19\): guidance on travel and transport](#).
- If restrictions are re-introduced, information for each local government area, including their level is available at [Coronavirus \(COVID-19\): local protection levels](#) including a post code checker.
- You should avoid car sharing with anyone from another household unless you deem it to be necessary. If individuals or groups do car share then they should follow [Transport Scotland: advice on how to travel safely and put in place appropriate risk assessment and mitigations](#)
- **Sport & Physical Activity Participation**
  - Participants can take part in organised sport and physical activity within their own local government area based on Level as detailed in Tables A and B at Annex A. Such activity is subject to exemption from household rules as detailed within this guidance.
  - When a participant travels out with their local government area they should follow the travel guidance detailed below.
  - Participants in organised sporting or physical activity should, where possible, avoid any unnecessary travel out of area and keep journeys within area to an absolute minimum.

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## General Guidance continued...

- Children & Young People (17 years or under)
  - People can travel to and from Level 0, 1, 2 and 3 areas to facilitate or take part in organised sport, training, and competition which is for persons under 18 years of age.
  - Children and young people can also travel to and from a Level 4 area, if for example, they belong to a club which is outside their own local government area. This flexibility is to allow children and young people to take part in sport or organised activity, but they should travel no further than they need to. If attending a sport/activity in a Level 3 area or below, Level 4 guidance will apply to the whole activity e.g. 12 to 17-year-old outdoor activity should be restricted to non-contact and include a maximum of 15 participants.
  - Children and young people living in a Level 3 or 4 area can also travel out with their local government area to take part in informal exercise such as walking, running or cycling. Such activity should follow Scottish Government 'local protection levels' guidance.
- Adults (18 years or over)
  - Participants aged **18 years or over** can travel to and from a Level 0, 1 and 2 area to take part in organised sport, physical activity, training, and competition. However, to help suppress the spread of the virus, it is advised that people should not utilise facilities or take part in activities that are not allowed in their home local area protection Level. Participants should not travel to a Level 3 or 4 area to take part in organised sport or physical activity.
  - Adults living in a Level 3 or 4 area should only travel locally (within their Local Government area) to take part in organised sport or physical activity as outlined in Table A at Annex A.
  - Adults living in a Level 3 or Level 4 area can also travel up to 5 miles out with their local government area to take part in informal exercise or recreation such as walking, cycling, golf or running that starts and finishes in the same place.. Such activity should follow Scottish Government 'local protection levels' guidance.
- **Facilities.** sportscotland has produced the Getting your Facilities Fit for Sport guidance to help owners and operators of sports facilities as they prepare for when sport/activity resumes. Clubs and organisers considering running competitions on natural venues are to apply this guidance. The guidance is applicable to all phases of the Scottish Government Covid-19 routemap and can be adapted to support other planning-based work being undertaken by sports, clubs and community organisations. Indoor facilities should remain closed to the public including club houses, toilets, locker rooms, storage and activity areas. Organisers are to ensure that all participants are made aware of this prior to arrival i.e. when booking in on-line or by phone
- **Spectators.** No spectating should take place other than where a parent is supervising a child or vulnerable adult. Physical distancing guidance should be followed at all times.
- **Participation Limits.** Limits on the number of participants accessing outdoor facilities should be risk assessed to ensure appropriate social distancing can be maintained and the activity is in line with the level approach restrictions.

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## 1

Cont

### General Guidance continued...

- For the purpose of competitive angling, which is conducted in a socially distanced manner on an individual basis, competitions may take place, provided that arrival and departure times are staggered to avoid large groups congregating at the venue at the same time.
- Guidelines will be updated as we progress through the different phases of the Scottish Government Covid-19 route map. Current information is available at [Scottish Government: Covid-19 Framework for decision making](#)

## 2

### Organisation of Competitions

- Shore and boat competitions will be permitted provided that all current Scottish Government guidance applicable for the Protection Level (See Tables A and B at Annex A) in force for the area can be adhered to.
- All competitors and officials should follow government guidance and self isolate if they, or a member of their household, display COVID-19 symptoms.
- Government guidance for social distancing must be complied with at all times.
- Pegged Shore Matches – Competitors must fish on allocated “pegs”.
- Roving Shore Matches – Competitors must self-regulate and ensure they are compliant at all times with social distancing guidelines.
- Boat Matches – Competitors must fish within their allocated area of the boat. It is the organiser/skipper’s responsibility to ensure that pegs or boats positions are appropriately spaced to ensure that at least 2 meters distances between anglers is maintained at all times. **BOAT MATCHES ARE NOT PERMITTED WHERE EXTENDED LEVEL 4 ‘STAY LOCAL’ GUIDELINES ARE IN FORCE.**
- Where possible matches should follow a format of photographing catches against an official measure and a competition card and submit them electronically to avoid the need for competitors to meet at any point.

## 3

### Registration, booking in, payment of Pools/Entry fees

- Anglers should ‘book on’ to a competition as per the organiser’s instructions, in advance by phone, email or on-line. A register of participants in to be kept, in line with GDPR, for track and trace purposes.
- Entry/Boat Fees and Pools should be paid as stipulated by the organiser. Cash transactions should be avoided.

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### Travel/Arrival at the venue

- Competitors should travel in accordance with current Government guidelines only. They should travel alone unless travelling with a member of the same household.
- On arrival at the venue vehicles should pay strict attention to signage and park under the instructions of the fishery owner/organiser.
- On leaving the vehicle, strict social distancing measures must be adhered too at all times maintaining a minimum of 2 meters apart. No physical greetings, handshaking etc. to take place.
- Clubhouse facilities, cafes, shops and inside seating areas will remain closed until government rules permit. Pre-book and collect facilities may be available provided that they comply with current Government guidelines..
- Organisers are to remind all participants of the requirement to maintain good hand hygiene before and after using any on-site facilities and ensure that sufficient hand washing facilities or hand sanitisers are available for use by all competitors.

## 5

### The Draw

- The draw process is to be conducted in a way that ensures that social distancing is maintained.
- Wherever possible the draw should take place on-line.
- Where an on-site draw is necessary, to comply with the rules on organised gatherings, the draw should take place outside and comply with the rules on social distancing.
- If using a 'peg draw/raffle style' approach, it is recommended that the organiser should be the only person to draw names/peg numbers. A suggested system is to have two bags/tubs. One containing the anglers' names and the other the peg, beat or boat numbers. The organiser would then draw an angler's name from one bag followed by a peg, beat or boat number from the other.
- When a peg, beat or boat is allocated the angler should immediately make their way to their fishing position as normal.

## 6

### Small Boat / Charter Boat

- Separate detailed guidance has been published for Charter Boats and can be found at: [Best Practice for the safe conduct of Charter Boat Fishing](#). CHARTER BOATS ARE NOT PERMITTED TO OPERATE IN AREAS WHERE EXTENDED LEVEL 4 'STAY LOCAL' GUIDELINES ARE IN FORCE.
- Boats should be large enough to provide a minimum distance of 2 meters between anglers at all times to ensure compliance with social distancing.
- If it is not possible to maintain 2 meter distance between anglers, only anglers from the same household may use the same boat. Where the second angler is not from the same household, organisers shall stipulate a maximum of 1 competitor per boat.
- Anglers are required to be in possession of hand sanitizer and a face mask/covering. Face masks are to be worn at angler discretion.

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### Retention of fish / Weighing in / Recording of catches

- Where possible matches should follow a format of photographing catches against an official measure and a competition card and submit them electronically to avoid the need for competitors to meet at any point.
- At the end of the competition, competitors will be expected to follow the organisers instructions for weighing-in or returning score cards, ensuring that social distancing guidance is complied with. Match officials should use gloves and masks where possible.
- To minimise gatherings boat match organisers may wish to allocate post-match time slots for owners/anglers to present their fish to match officials for weighing.
- Ensuring safety and adherence to social distancing guidance during the weigh-in or recording of results is the responsibility of the organiser.
- **Catch & Release Matches:** Where stewards are available it is recommended that anglers place their catch in a bucket and allow the stewards to measure and record the fish on the score cards. The stewards will then release the fish. At the end of the competition the steward shall return to a designated area and 'call out' results from score cards to the match organiser or place score cards into a box/container. In charter boat matches, anglers call species and angler number and the skipper verifies the catch from a safe distance and allocates fish points as per the organiser's points system and the angler returns their fish to the water.
- Where no stewards are available it is recommended that anglers take their catch to the next peg and present their catch to the angler for verification, ensuring social distancing is maintained at all times. The angler records the weight/length of their catch on the card. At the end of the match the angler should immediately draw a line and sign under their last recorded catch then present their card to the angler on the next peg for verification, not using the same pen. The angler should then return to the match organiser and present their score card to the organiser or post score cards in a box/container. For small/private boat matches with 1 angler per boat, organisers may wish to run the match based on trust in regards to scoring/results or use technology to record photographs which can then be used to calculate results. Match organisers are to ensure that all competitors have hand sanitiser.
- **Catch, Retain & Weigh Matches:** Where competition rules stipulate Catch & keep as the method of scoring the match, an appointed official should weigh all fish to ensure social distancing is maintained. The angler would be required to place fish into a vessel and step back to allow the match official to collect and weigh the catch. The match official should then step away to allow the angler to collect the fish from the vessel and immediately vacate the weigh area. The angler is responsible for the removal of the fish. Hand sanitizer should be used after each competitors fish are weighed. Once weighed-in or score recorded, the angler will pack up and return directly to their vehicle.
- **In order to avoid breaching Government rules on organised gatherings, special attention should be made to the announcement of results at the end of the match. Results should be published on line for competitors to view as soon as possible after the competition.**

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### Payouts/Collection of Winnings

- Organisers should consider paying winnings directly into the angler's bank account by BACS transfer
- Cash transactions should be avoided wherever possible.
- Social distancing must be observed at all times.
- Any post-match presentation should take place outside and comply with social distancing guidelines.

### ANNEX:

- A. Table A: Sport & Physical Activity Protection Levels
- Table B: Travel Summary

### APPENDICIES:

1. Beyond Level 0 Guidance
2. Level 4 Guidance



Table A: Sport &amp; Physical Activity Protection Levels

		Beyond Level 0	Level 0	Level 1	Level 2	Level 3	Level 4	
<b>OUTDOOR SPORT</b> Organised outdoor sport, competition, events and Physical Activity (PA)	Overview	No field of play bubble restrictions apply beyond Level 0, although limits on participation numbers at competition and events may be applicable. For Levels 0-4 outdoor sporting 'field of play bubbles' apply for organised sport as noted below. At Levels 0-2 figures exclude coaches and support staff*. Multiple bubbles can be used for training, events, and competition if appropriate guidance, set out within this document, is followed. Indoor and outdoor stadium, or equivalent events/competitions, involving spectators are subject to relevant Scottish Government guidance.					<b>Local training / competition only.</b>  <b>U12s:</b> max 30 including coaches.  Over 12s / adults: max 15 including coaches.	
		<b>No bubble restrictions</b>	<b>Maximum bubble size:</b> 500 participants* <b>Total Daily Limit:</b> 5000 participants	<b>Maximum bubble size:</b> 100 participants* <b>Total Daily Limit:</b> 1000 participants	<b>Maximum bubble size:</b> 50 participants* <b>Total Daily Limit:</b> 500 participants	<b>Maximum bubble size:</b> 30 participants <b>Total Daily Limit:</b> 200 participants		
	Children & Young people (u18 years)	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	<b>U12s:</b> Contact sport & PA permitted <u>12-17 years:</u> Non-contact sport & PA permitted.	
	Adults (18+ years)					Non-contact sport & PA permitted Contact sport & PA prohibited	Non-contact sport & PA permitted Contact sport & PA prohibited	
<b>INDOOR SPORT</b> Organised indoor sport, competition, events and Physical Activity (PA)	Overview	Organised indoor sport or physical activity should follow Scottish Government <a href="#">Coronavirus (COVID-19): Safer Businesses and Workplaces</a> and sport specific <a href="#">SGB Guidance</a> . 'Group' activity refers to adults, who take part in organised sport or physical activity, where the number of participants is larger than allowed under normal household rules. 'Individual exercise' refers to organised sport or physical activity which takes place within household rules i.e., 1:1 coaching. For further information see definitions within this guidance.						
	Children & Young people (u18 years)	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	Contact & non-contact sport & PA permitted	<b>Indoor sport &amp; PA prohibited:</b>  Leisure Centres, gyms and other indoor sports facilities closed.	
	Adults (18+ years)			Non-contact sport & PA permitted Contact sport & PA prohibited	Non-contact sport & PA permitted Contact sport & PA prohibited	Indoor <u>individual exercise only</u> No contact or non-contact group activity		

Table A: Sport &amp; Physical Activity Protection Levels

<b>COACHING</b>	General guidance is available within this document for coaches, leaders, personal trainers, deliverers, and instructors, <i>herein referred to as coach/es</i> . In addition, <a href="#">Getting Coaches Ready for Sport</a> provides a 4-stage approach/checklist to further support coaches to plan and deliver safe sessions.		
	The local protection Level in place for sport and physical activity will dictate what activity can be coached, indoors and outdoors and to whom in that area. Coaches can take multiple sessions per day, however the numbers allowed in each session will depend upon the protection Level in place.		
<b>PERFORMANCE SPORT</b>	Elite sports with <a href="#">Resumption of Performance Sport</a> guidance in place and approved by Scottish Government or sportscotland is permitted at all Levels.		
<b>TRAVEL</b>	For further information please refer to <a href="#">Travel Guidance</a> within this document.		
<b>HOSPITALITY &amp; RETAIL</b>	Clubhouses and sports facilities which provide catering and bar services, can operate providing they adhere to Scottish Government guidance. Further information is available at <a href="#">Coronavirus (COVID-19): tourism and hospitality sector guidance</a> .		
	Retail units operated by sports facility operators may reopen provided all specific Scottish Government guidance for retailers is in place and adhered to. Further information from the Scottish Government is available at <a href="#">Coronavirus (COVID-19): Safer Businesses and Workplaces</a> .		
<b>TOILETS, CHANGING &amp; SHOWER ROOMS</b>	Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available at <a href="#">Keeping Your Facilities Fit for Sport</a> . This is applicable at all levels where facilities remain open.		Indoor sports facilities closed. Changing rooms closed.
	Operators may open public toilets if they follow the guidelines outlined on the Scottish Government website <a href="#">Coronavirus (COVID-19): Opening Public Toilets Guidelines</a> .		Public Toilets open.
<b>INDOOR FACILITIES</b> (can open up to Level 3)	<b>OVERVIEW</b>	Specific information relating to indoor sports facility guidance is available at <a href="#">Keeping Your Facilities Fit for Sport</a> . Below is a summary of overarching guidance for operators regarding occupancy limits, physical distancing, and appropriate ventilation / CO2 levels (ppm) which should be monitored. Test & Protect procedures should continue in all indoor settings.	
	<b>Beyond Level 0</b>	<b>Level 0</b>	<b>Levels 1 – 3</b>
	Return to normal facility occupancy levels but focus on good ventilation and 'Give people space' messaging. <u>Ventilation</u> : Monitor to maintain levels at 800-1000ppm. No physical distancing required. Face coverings must be worn out with activity. Maintain hygiene and surface cleaning measures.	Restrict maximum occupancy in buildings to 7sqm per person to achieve enhanced ventilation (equivalent to 15 l/s/p). <u>Ventilation</u> : Monitor to maintain levels at 800-1000ppm. 1m physical distancing out with activity. Face coverings must be worn out with activity.	Restrict maximum occupancy in buildings to 9sqm per person to achieve enhanced ventilation (equivalent to 20 l/s/p). <u>Ventilation</u> : Monitor to maintain levels at <1000ppm. 1m physical distancing out with activity. Face coverings must be worn out with activity.
<b>WORKFORCE</b>	Sports facility operators must ensure that Scottish Government guidance on <a href="#">Coronavirus (COVID-19): Safer Businesses and Workplaces</a> is followed for contractors and staff and ensure existing health and safety advice is maintained and aligned. This should be detailed in the risk assessment.		
	Although gym and leisure facilities can open to Level 3, where local restrictions or Levels apply, we would encourage providers to consider whether meetings and training must be completed in person or whether these can be completed online or via telephone. If it is essential that meetings and training takes place in person, <a href="#">Coronavirus (COVID-19): Safer Businesses and Workplaces</a> must be followed and a risk assessment should be completed.		

**Table B: Travel Summary (Organised sport and physical activity)**

Age Group	Beyond Level 0	Level 0	Level 1	Level 2	Level 3	Level 4
U18s	<b>No Restrictions</b>	✓	✓	✓	✓	✓
18+ (Adults)		✓	✓	✓	Local Travel Only	Local Travel Only

## Beyond Level 0 Guidance

### Introduction

To ensure that it is safe to progress 'Beyond Level 0', guidance is being linked to the 'Gateway condition'. This relates the amount of vaccine coverage to the Scottish Government's new strategic intent to 'suppress the virus at a level consistent with alleviating its harms'.

Most legal restrictions relating to Covid-19 were lifted on the 9<sup>th</sup> August 2021 when Scotland moved to 'Beyond Level 0'. This included restrictions on physical distancing and the size of social gatherings. Additionally, no businesses must legally remain closed due to Covid-19.

However, as of 17<sup>th</sup> December 2021, businesses and service providers are now legally required to take reasonably practical measures to minimise spread of coronavirus on their premises, for example measures which limit close face-to-face interaction, such as supporting working from home, making adjustments to the premises and putting in place protective measures such as signage, screens and other mitigations.

In determining these measures, consideration must be given to the Scottish Government guidance available at [Scottish Government: Safer Businesses and Workplaces](#).

The information outlined below summarises the key areas which will change as we move 'Beyond Level 0' and should be read in conjunction with [Return to sport and physical activity guidance](#) to inform the development of sport specific information which will be shared with participants, clubs, local authorities/trusts, third sector and other sports facility operators.

It is the responsibility of each club committee, sports facility operator and/or deliverer (herein referred to as the operator) to ensure that full risk assessments, processes and mitigating actions continue to be applied before any sport or leisure activity takes place and to check if the activity is in an area which is subject to additional Scottish Government localised measures and restrictions.

Where a local outbreak has been reported sport and physical activity operators, in all settings, should review their risk assessment and consider if additional mitigating actions should be put in place to reduce risk. This may, for example, include suspending activity, enhancing hygiene and physical distancing measures, or introducing additional activity restrictions.

Scottish Government may update or change Levels and restrictions at any time, including local areas subject to them. Therefore, COVID officers should regularly check the [Coronavirus in Scotland](#) section of the Scottish Government website for updates.

### Travel Restrictions

'Beyond Level 0' no travel restrictions will be applicable, within or between areas in Scotland, which are not categorised under the protection level system. Please refer to [Travel Guidance within the](#)

[Return to Sport document for further information on where restrictions will apply should a local area move into protection levels.](#)

Scottish Government are also continuing to monitor the UK wide and International Covid-19 position. Further information on restrictions applicable between Scotland and other parts of the UK and internationally is available on the Scottish Government website at [Coronavirus \(COVID-19\): travel and transport](#).

## **Health, Safety & Hygiene**

High levels of personal hygiene and respiratory etiquette will remain essential as we move Beyond Level 0.

Operators should continue to follow Scottish Government guidance on health, safety and hygiene measures including face covering advice. Please refer to the [Health, Safety and Hygiene](#) section of the Return to Sport guidance for further information including relevant links.

## **Test & Protect**

Contact tracing and testing of close contacts will continue as we move forward through the pandemic, including 'Beyond Level 0'. Test & Protect will change as the population becomes more protected by vaccination but will still play a role in mitigating clusters and outbreaks where they arise.

Operators should continue to maintain customer records and follow applicable guidance available in the [Test & Protect](#) section of Return to Sport guidance.

## **Competition & Events**

Organised sporting competition and events can take place 'Beyond Level 0' but should continue to follow guidance outlined in the [Sports Events & Competition section](#) within Return to Sport guidance.

At 'Beyond Level 0' there are no limits on spectator numbers, subject to organisers obtaining relevant permissions, where they normally would be required to do so. However, operators/organisers should follow Scottish Government's [Coronavirus \(COVID-19\): Certification Scheme - Information for Businesses and Event Organisers](#) where attendance thresholds are met. A COVID vaccine certificates or a record of a recent negative COVID-19 test result (from either a Lateral Flow Device or PCR) is needed for:

- indoor events (unseated) with 500 or more people
- outdoor events (unseated) with 4,000 or more people
- any event with 10,000 or more people

Professional football and rugby stadium operators should follow Scottish Government's [Coronavirus \(COVID-19\): Stadium Sector Guidance for Professional Football and Rugby](#).

Other bodies depending on the type, location, and scale of the event, may include the landowner, Community Council, the transport police, or other body responsible for the safety of the public.

Where a competition/event requires a license from a Local Authority under existing Civic Government legislation, this must include agreement from local Environmental Health Officers.

### **Hospitality**

Sports facility operators providing catering or bar services should refer to Scottish Government guidance for applicable guidance including takeaway services. [Coronavirus \(COVID-19\): tourism and hospitality sector guidance.](#)

### **Retail**

Retail units operated by sports facility operators should follow Scottish Government's [Coronavirus \(COVID-19\): Safer Businesses and Workplaces](#) guidance.

## Level 4 Guidance

### Introduction

The guidance within this appendix is applicable to sport and physical activity facilities and activities where Scottish Government have identified the requirement for **Level 4** restrictions to be applied.

This guidance is not applicable to professional or performance sports activity which is approved through the 'Resumption of Performance Sport' process by Scottish Government or **sportscotland**.

The information outlined below should be used in conjunction with, and where appropriate supersede, the '[Return to sport and physical activity guidance](#)' to inform the development of sport specific information which will be shared with participants, clubs, local authorities/trusts, third sector and other sports facility operators within Level 4 areas.

It is the responsibility of the relevant facility operator / COVID officer to ensure that full risk assessments, processes and mitigating actions are in place before any sport or leisure activity takes place and to check if the activity is in an area which is subject to additional Scottish Government localised measures and restrictions.

Where a local outbreak has been reported, sports facility operators and deliverers should review their facility/operational risk assessment and consider if additional mitigating actions should be put in place to reduce risk. This may, for example, include; suspending activity, enhancing hygiene and physical distancing measures or introducing additional activity restrictions.

Be aware that the Scottish Government may update or change Levels and restrictions at any time, including the local areas subject to them. Therefore, COVID officers should regularly check Scottish Government advice and guidance relating to local outbreaks and measures at [Coronavirus \(COVID-19\): Local Protection Levels](#).

### Travel Restrictions in Level 4 areas

Those living in a Level 4 local authority area can travel out with that area to undertake informal outdoor sport, exercise and recreation including walking, cycling, golf or running, as long as they abide by the rules on meeting other households.

Children and young people may travel to and from a Level 4 area, if for example, they belong to a club which is outside their own local government area. This flexibility is to allow children and young people to take part in sport or organised activity, but they should travel no further than they need to. If attending a sport/activity in a Level 3 area or below, Level 4 guidance will apply to the whole activity e.g. 12 to 17-year-old outdoor activity should be restricted to non-contact and include a maximum of 15 participants.

Adults living in a Level 4 local authority area may travel within, but not outwith, that area to take part in organised sport.

Travel exemptions are applicable for essential animal welfare reasons, such as exercising or feeding a horse or going to a vet.

When taking part in sport, exercise or recreation participants should at all times follow [Scottish Government guidance](#)

### **Outdoor Sport & Leisure Activity**

Operators in Level 4 areas may continue to open outdoor sports areas, courts, pitches and facilities (with the exception of ski centres/resorts) if documented risk assessments are undertaken and all appropriate mitigating actions including the guidance herein is put in place to ensure the safety of participants, staff and volunteers. Please also refer to additional guidance produced by **sportscotland** at: [Getting Your Facilities Fit for Sport](#).

Restrictions on the number of people who can take part in sport, exercise and recreation in level 4 has been updated and is as follows:

#### Children (aged up to 11 years)

Children can take part in outdoor contact and non-contact organised sport including training, group exercise and competition within their usual club or facility environment. Inter club competition should not take place.

An outdoor sporting 'field of play bubble' can consist of up to 30 children, coaches, and officials at any one time.

#### Young People (aged 12-17 years)

Young people can take part in outdoor non-contact organised sport and physical activity including training, group exercise and competition within their usual club or facility environment. Inter club competition should not take place.

An outdoor sporting 'field of play bubble' can consist of up to 15 young people, coaches, and officials at any one time.

#### Adults (aged 18 years or over)

Adults can take part in outdoor non-contact organised sport including training, group exercise, aerobics, fitness classes and competition within their normal club or facility environment.

An outdoor sporting 'field of play bubble' for adults can consist of up to 15 people, including coaches, and officials at any one time. Physical distancing should always be maintained.

Where there are multiple bubbles operating at the same venue these must be risk assessed to ensure there can be no mixing of participants before, during or after the activity. Specific mitigations could include staggered start times, limiting car parking or controlling access/egress points.



## **Indoor Sport & Leisure Facilities**

Indoor sport and leisure facilities including club houses, changing rooms and activity areas should remain closed at Level 4. Exemptions are available as noted below.

### **Public Toilets**

Operators may open indoor toilets for public use if they follow Scottish Government [Opening Public Toilets Guidelines](#).

Public toilets are defined as any toilets accessible to the public. The opening of toilets should be accompanied by local risk assessment, and control measures should be proactively monitored by operators.

All appropriate cleaning procedures and equipment/disinfectant should be provided as per Health Protection Scotland guidance.

### **Storage Areas & Lockers**

One off access to storage areas and locker rooms is permitted to retrieve personal equipment which is essential for an activity to be undertaken. Personal equipment should not be returned to these areas.

Where equipment cannot reasonably be taken home and is stored on site, such as kayaks, boats etc, access to retrieve and return such equipment to storage areas is allowed if appropriate risk assessments are undertaken.

Risk assessments should include mitigating actions to reduce the risk of virus transmission such as individual access, booking slots and cleaning/hygiene protocols.

### **Access to outdoor facilities**

Where external access to outdoor sports facilities is not possible, access through an indoor area can be provided if suitable risk assessments and safety measures are put in place. These should include restricting access to one person at a time, ideally with a one-way system in operation, and no contact with hard surfaces such as door handles. Persons moving through the area should not stop or congregate at any time.

### **Hospitality**

Additional restrictions are in place for hospitality businesses with Level 4 areas subject to bar and café closures. Sports facility operators providing catering or bar services should refer to Scottish Government guidance for applicable guidance including takeaway services. [Coronavirus \(COVID-19\): tourism and hospitality sector guidance](#).

### **Retail**

Retail units operated by sports facility operators in Level 4 areas should follow Scottish Government [Retail Sector Guidance](#).

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